

CARME PLA

FILM

- "Petra"** – Dir. Jaime Rosales, 2017
"El Olivo" – Dir. Icíar Bollaín, 2016
"Con la comida no se juega" – Dir. Daniel M. Caneiro, 2013
"La nit que va morir l'Elvis" – Dir. Oriol Ferrer, 2010
"Ficció" – Dir. Cesc Gay, 2006
"En la Ciudad" – Dir. Cesc Gay, 2003
"No et tallis ni un pèl" – Dir. Francesc Casanovas, 1992

TV

- "Vintage"** – Dir. David Martin Porras and Elia Urquiza – 3Cat Serial, 2024
"Quico Sabaté: sense destí" – Dir. Silvia Quer – 3Cat TV movie, 2022
"La Última Noche en Tremor" – Dir. Uri Paulo – Netflix Miniserial, 2024
"Bojos per Molière" – Dir. Héctor Lozano – 3Cat Serial, 2023
"Hospital Central" – Telecinco Serial, 2009
"Jet-Lag" – Dir. Sònia Sánchez – 3Cat Serial, 2001-2006
"Plats Bruts" – Dir. Joel Joan – 3Cat Serial, 2000
"Laura" – Dir. Sònia Sánchez – 3Cat Serial, 1998
"Dones d'aigua" – Dir. Antoni Verdaguer – 3Cat Serial, 1997
"Efectes Secundaris" – Dir. Toni Clapés – 3Cat Serial, 1997-1998
"Los ladrones van a la oficina" – A3 Serial, 1996
"Qui" – Dir. Pere Planella – 3 Cat Televised Theatre, 1990
"3 Pics i Repicó" – 3Cat Weekly Programme, 1989
"Tres Estrelles" – Dir. El Tricicle – 3Cat Serial, 1987

THEATRE

- "Pel davant i pel darrera"** – Dir. Alexander Herold – Teatre Borràs, 2019
"Tractat de blanques" by Enric Nolla – Dir. Marc Molina – Almeria Teatre, 2018
"Els veïns de d'alt" – Written and Directed by Cesc Gay – Teatre Romea, 2016
"Humor Humà" – Solo Show – Dir. Marta Pérez – Teatre Maldà, 2015
"Tres Dones i un Llop" by Javier Daulte – Dir. Carol Lopez – La Villarroel, 2010
"Hamlet" by W. Shakespeare – Dir. Oriol Broggi – Biblioteca de Catalunya, 2009
"No és tan Fàcil" by Paco Mir – Dir. Josep Maria Mestres – Club Capitol, 1999

"Història d'un soldat" 1999, **"El Carnaval dels Animals"** 2002, and **"Liliana"** 2004, with Orquestra de Cadaqués
"La Filla del Mar" by Àngel Guimerà – Dir. Sergi Belbel – Teatre Romea, 1992
"Paraula de Poeta" – Dir. Jordi Messalles – Maria Mercè Marçal poem montage – Teatre Lliure, 1990
"Mal Viatge" by Francesc Luchetti – Dir. Lurdes Barba – Catalunya Tour, 1990
"El Tigre de la Mary Plexiglàs" by Miquel Obiols – Dir. Berty Tovias, 1989
"Kabarreig" – Dir. Ignasi Roda – Cia. Kabarreig – Cova del Drac, 1989

T DE TEATRE

"La dona fantasma" – Dir. Mariano Tenconi Blanco – Teatre Romea, 2023
"T'estimo si he begut" – Dir. David Selvas – Dagoll Dagom – Teatre Poliorama, 2021
"Delicadas" – Author and Director: Alfredo Sanzol – Teatre Poliorama and Teatro Español, 2010 and 2021
"Cançó per tornar a casa" – Dir. Denise Despeyroux – Grec 2019 – Sala Beckett, 2019
"E.V.A" – Dir. Julio Manrique – Teatre Romea and Catalunya Tour, 2017
"Premis i Càstigs" – Creation show Directed by Ciro Zorzoli – Grec 2015 – Teatre Lliure, 2015
"Dones Com jo" – Author and Director: Pau Miró – Teatre Romea, 2014
"Aventura" – Author and Director: Alfredo Sanzol – Teatre Lliure, 2012
"Com Pot ser que T'estimi Tant!?" – Author and Director: Javier Daulte – Teatre Nacional, 2007
"15" – Directed by Sergi Belbel and T de Teatre – Teatre Poliorama, 2006
"Això no és vida!" – Dir. David Plana – Teatre Poliorama, 2003
"Criaturas" – Dir. David Plana and T de Teatre – Teatre Romea, 1998
"Hombres!" – Dir. Sergi Belbel – Teatre Romea – Teatro Marquina, 1994
"Petits Contes Missògins" by Patricia Highsmith – Dir. de Pere Sagristà, 1991

TRAINING

Gestalt Therapy at Institut Integratiu, 2022-2024
Practitioner PNL Integrative at Institut Integratiu, 2019-2020
Coaching Strategic Professional Development Course, 2019
Voice Course with Coralina Colom at Institut del Teatre, 1991
Bachelor Of Dramatic Arts at Institut del Teatre de Barcelona, 1990
Neutral Mask Course at Col·legi de Teatre with Berty Tobías, 1987
Scenes Course at Col·legi del Teatre with Ricardo Moya, 1987
Monologue Course at Col·legi del Teatre with Berty Tobías, 1987

TEACHING

Group Dynamics Credit at UIC, 2024

“L’Art de Comunicar” Workshop at UAB, 2020-2024

“L’Art de Comunicar” Workshop at UIC, 2021-2023

Theatre Workshop at CTB, 2023

“Flipart” Workshop for Diputació de Barcelona, 2017-2018

“Projecció de la veu en les presentacions” (IV) Workshop for Diputació, 2016-2017

“Arts Escèniques” (II) Course for BCN Activa, 2016

Theater in Movement Course in Teià, 2016

Workshop for **gender equality** in Masnou, 2015

Shared Stories Course at TIMBAL school, 2013

Theater Course at Masnou and Alella, 2013

Text Course (I and II) at TIMBAL school, 2012

“MÈTODE T DE TEATRE” Theater Course in Santo Domingo (taught by T de Teatre), 2012

LANGUAGES

Catalan, Spanish, and French